

NAME \_\_\_\_\_

## ACMI® Systems Training Safety Rules

1. Treat each other as peers -- we're on the same team.
2. Ask questions -- "how to" questions.
3. No horseplay will be tolerated -- staff members get hurt.
4. Cooperate don't compete -- instructors are here to help you develop job skills.
5. No jewelry is to be worn during training -- remove any jewelry you may be wearing now.
6. Mouth guards will be used, as needed, for simulation training.
7. We are responsible for each others' safety -- watch out for each other.
8. Three (3) Officer Safety Concept -- during simulation training at least one student in each group will act as a safety officer / coach.
9. Proper floor dynamics will be strictly enforced -- the training area will always be cleared of all unnecessary equipment / clutter.
9. Use of whistle: cadence and emergency stops.
10. Report injuries immediately -- don't suffer in silence. You are all supposedly "fit for duty" but you know your body and if something doesn't feel right when you do a certain technique or movement, let the instructors know.

At no time is any participant allowed to leave the training area without the permission of the primary instructor.

There will be a "Current Wellness Check" before each class is conducted and a "Final Wellness Check" after the class is completed.

12. It is each participant's responsibility to cover all open wounds and cuts before class begins. If this type of injury occurs during the training session the participant will immediately notify the primary instructor, attend to this injury, and cover it with the "First Aid" Material available that consists of band-aids and for larger wounds, gauze pads and tape. Treat all blood with utmost caution. Any blood must be properly cleaned up using a bleach solution of, at least, 1 part bleach to 99 parts water, and then disposing of any contaminated material in a "hazardous material" bag for proper disposal. Use examination gloves if there is any possibility of coming in contact with blood.

Continued ...

13. Even during defensive tactics, range safety rules, as originally developed by Jeff Cooper must be enforced when firearms are present.

- Rule 1 -- Treat every firearm as if it were loaded.  
Rule 2 -- Always point the muzzle in a safe direction.  
Rule 3 -- Keep your finger off the trigger and out of the trigger guard unless you intend to shoot.  
Rule 4 -- Know your target, back stop, and beyond.

The Three Check Rule will be in effect during all training programs:

## **△DANGER**

### **Live Ammo Hazard**

#### **Simulation training only - No live ammo allowed**

**NO ONE IS ALLOWED TO ENTER THIS TRAINING AREA WITHOUT FOLLOWING THESE SAFETY PROCEDURES.**

- Only specially designated weapons and training munitions are permitted in the training area.
- No live ammunition is permitted.
- All participants and firearms will be visually and physically checked to ensure that no live (conventional) ammunition enters the area.

### **TRIPLE CHECK SAFETY RULE**

**Before entering the training area you must be triple-checked:**

1. Check yourself for unauthorized weapons and live ammunition.
2. Have your partner check you.
3. Have the Safety Officer or Instructor check you.

If you leave the training area, you must always be triple-checked before re-entering.

- If you see any safety violation, immediately call out the designated “STOP SCENARIO!” signal and notify the Instructor or Safety Officer.
- If you hear the “STOP SCENARIO!” signal, immediately cease all activity.
- Read, understand, and follow all safety instructions. Failure to do so may result in serious injury, disability, and death.

This **Firearm Simulation Safety Poster** was designed with input from:  
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Safety is every participant's responsibility -- certain scenarios that the participants may be required to role play could contain deadly force decision making situations. Therefore, firearms may be pointed at demonstrators who pose a "Real" threat to the participants. Otherwise, weapons will be pointed in a safe direction. Participants involved in training exercises utilizing firearms will follow the "Laser Rule" when handling firearms.

14. No training equipment is to be handled without the permission of the primary Instructor -- this includes a participant's personal duty/training equipment.
15. Likewise, knives and other weaponry are not allowed in the training area without the permission of the primary instructor.
16. Remember to work at your own pace -- don't over-exert yourself.

**I, THE UNDERSIGNED, HAVE READ THE TRAINING SAFETY RULES LISTED ABOVE. THESE RULES HAVE BEEN EXPLAINED TO ME BY**

\_\_\_\_\_.

**I UNDERSTAND THEIR MEANING AND AGREE TO ADHERE TO THESE TRAINING SAFETY RULES.**

**SIGNATURE** \_\_\_\_\_

**PRINT NAME** \_\_\_\_\_

**DATE** \_\_\_\_\_